

11. The method of claim 10, wherein the cereals having enzymatic activity are malted cereals.

12. The method of claim 11, wherein the malted cereals are barley, wheat, rye or oats.

13. The method of claim 11, wherein the malted cereals are rice, corn or sorghum.

14. The method of claim 11, wherein the malted cereals are in admixture with non-malted cereals.

15. The method of claim 12, wherein the malted cereals are in admixture with non-malted cereals.

16. The method of claim 13, wherein the malted cereals are in admixture with non-malted cereals.

17. The method of claim 10, wherein the foodstuff prepared is breakfast flakes, bread, rolls, pasta products, or is in the form of a powder intended to be stirred into liquid to form a beverage.

18. The method of claim 10, wherein the animal is man.

19. The method of claim 11, wherein the animal is man.

20. The method of claim 12, wherein the animal is man.

21. The method of claim 13, wherein the animal is man.